|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Lantánidos** | **-** | **57** | **56** | **59** | **60** | **61** | **62** | **63** | **64** | **65** | **66** | **67** | **68** | **69** | **70** | **71** |
| **La** | **Ce** | **Pr** | **Nd** | **Pm** | **Sm** | **Eu** | **Gd** | **Tn** | **Dy** | **Ho** | **Er** | **Tm** | **Yb** | **Lu** |
| **Actínidos** | **-** | **89** | **90** | **91** | **92** | **93** | **94** | **95** | **96** | **97** | **98** | **99** | **100** | **101** | **102** | **103** |
| **Ac** | **Tn** | **P** | **U** | **Np** | **Pu** | **Am** | **Cm** | **Bk** | **Cr** | **Es** | **Fm** | **Md** | **No** | **Le** |